



JANUARY 2025



TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	01  HAPPY NEW YEAR	02 Meatballs in Tomato Sauce with Pasta and Veggies Albóndigas en Salsa de Tomate con Pasta y Verduras	03 Italian Sausage with Peppers, Onions and Pasta Salchicha Italiana con Pimientos, Cebolla y Pasta.
07 Shepherd's Pie Pastel de Pastor	08 Pollock in Tomato Sauce with Noodles and Vegetables Pescado en Salsa de Tomate, con Fideos y Verduras	09 Ground Beef in Tomato Sauce with Pasta and Vegetables Carne Molida en Salsa de Tomate con Pasta y Verduras	10 Pulled Pork with Mashed Potatoes and Vegetables Cerdo Desmenuzado con Puré de Papa y Verduras
14 Chili with beans, rice, and vegetables Guisado con Frijoles, Arroz, y Verduras	15 Pulled Pork with Sweet Potatoes and Vegetables Cerdo Desmenuzado con Camote y Verduras	16 Taco Meat, Rice, Beans, Corn, with either unsalted chips or flour tortillas Carne Para Tacos, Arroz, Frijoles, Maíz, con Totopos Sin Sal o Tortillas de Harina	17 Baked Pollock with Rice Abadejo al horno con Arroz
21 Pork Chops with (Onions, Apple & Prunes) and Vegetables Chuletas de Cerdo con (Cebollas, Manzana, Ciruelas & Pasas) y Verduras	22 Ground Beef and Rice Skillet with Vegetables Sartén de Carne Molida y Arroz con Verduras	23 Pulled Pork with Mashed Potatoes and Vegetables Cerdo Desmenuzado con Puré de Papa y Verduras	24 Taco Meat, Rice, Beans, Corn, with either unsalted chips or flour tortillas Carne Para Tacos, Arroz, Frijoles, Maíz, con Totopos Sin Sal o Tortillas de Harina
28 Mediterranean Pollock with Noodles & Veggies Abadejo Mediterráneo con Fideos & Verduras	29 Pulled Pork Sandwich with Vegetables Sándwich de Cerdo Desmenuzado con Verduras	30 Taco Meat with Rice, Beans, & Corn, Carne Para Tacos con Arroz, Frijoles, & Maíz	31 Ground Beef in Tomato Sauce with Pasta and Vegetables Carne Molida en Salsa de Tomate con Pasta y Verduras

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