

OCTOBER 2024



Tuesday

Wednesday

Thursday

1	Pork Chops with Vegetables & Sweet Potatoes Chuletas con Vegetales y Camote	2	Food provided by Second Chance Foods Alimentos Proporcionados Por Second Chance Foods	3	Breaded chicken breast with Rice & Vegetables Pechuga de Pollo Empanizada Con Arroz y Vegetales
8	Al Pastor Style Pork Chops with Pineapple, Vegetables & Mashed Potatoes Chuletas Al Pastor con Piña, Vegetales y Camote	9	Taco Meat with Rice and Beans Carne de Tacos con Arroz y Frijoles	10	Beef Stew with Vegetables & Pasta Estofado de Res con Vegetales y Pasta
15	Ground Beef with Mac & Cheese and Broccoli Carne Molida con Fideo, Queso, y Brocoli	16	Pulled Pork with Vegetables & Mashed Potatoes Cerdo con Vegetales y Pure de Papa	17	Italian sausage w/peppers & onions & pasta Salchicha italiana con pimientos y cebolla y pasta
22	Breaded Chicken Breast with Rice & Vegetables Pechuga de Pollo Empanizada con Arroz y Vegetales	23	Pork Chops with Vegetables & Sweet Potatoes Chuletas con Vegetales y Camote	24	Beef stew with Mashed Potatoes & Peas Estofado de Res con Pure de Papa y Chicharos
29	Chicken Drumsticks with Rice & Vegetables Pierna de Pollo Empanizada con Arroz y Vegetales	30	Italian Sausage w/ Peppers & Onions & Noodles Salchicha Italiana con Pimientos y Cebolla y Noodles	31	Pulled pork with Vegetables & Mashed Potatoes Cerdo con Vegetales y Pure de Papa

