



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Ground Beef with Mac and Cheese and Veggies Carne Molida c/ Macarrones c/ Queso y Verduras	2	3
4	5	6 Salmon with Rice and Veggies Salmón Con Arroz Y Verduras	7 Ground Turkey with Pasta, Broccoli, Garlic, and Oil Pavo Molido con Pasta, Brócoli, Ajo y Aceite	8 Kielbasa with Sauerkraut and Veggies Kielbasa con chucrut y verduras	9	10
11	12	13 Pasta with Sausage and Peppers Pasta con Chorizo Italiano y Pimientos	14 Chicken Nuggets with Veggies and Tater Tots Nuggets De Pollo Con Verduras Y Papas Pequeñas	15 TBD	16	17
18	19	20 Steak with Veggies and Potatoes Bistec Con Verduras Y Papas	21 Sausage with Rice and Beans Salchicha Con Arroz Y Frijoles	22 TBD	23	24
25	26	27 TBD	28 Pasta with Meatballs and Veggies Pasta con Albóndigas y Verduras	29 TBD	30	

