



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Chicken Stir Fry Salteado de Pollo	3 <i>Ground Beef with Rice, Peppers, Garlic, Peas, and Onions</i> <i>Carne Molida con Arroz, Pimientos, Ajo, y Cebollas</i>	4 Chicken Nuggets with Veggies and Tater Tots Nuggets De Pollo Con Verduras Y Tater Tots	5	6
7	8	9 <i>Pasta with Meatsauce and Veggies</i> <i>Pasta con Salsa de Carne y Verduras</i>	10 <i>Salmon with Rice and Veggies</i> <i>Salmon Con Arroz Y Verduras</i>	11 Ground Turkey with Pasta with Broccoli, Garlic, and Oil Pavo Molido con Pasta con Brócoli, Ajo y Aceite	12	13
14	15	16 <i>Kielbasa with Sauerkraut with Veggies</i> <i>Kielbasa con Chucrut con Verduras</i>	17 <i>Ground Beef with Mac and Cheese & Veggies</i> <i>Carne molida con macarrones con queso y Verduras</i>	18 Pasta with Meatballs and Veggies Pasta con Albóndigas y Verduras	19	20
21	22	23 TBD	24 Sausage with Rice and Beans <i>Salchicha Con Arroz Y Frijoles</i>	25 Chicken Nuggets with Veggies and Tater Tots Nuggets De Pollo Con Verduras Y Tater Tots	26	27
28	29	30 TBD	31 Chicken Stir Fry Salteado de pollo			